

# MADISON SUFIS



## Special Events

**Pir Shabbda Khan**

**September 11-13**

## Rescheduled for 2021

**Big Love  
in Times of Impermanence**

**Tasnim and Saadi**

**March 25 - March 28**

*O Messenger! You are the light  
That kindles hearts and brightens sight  
Because of you we have full faith  
That every wrong will be made right*

*Pir Zia Inayat Khan*

*George Floyd's invocation of Mama is a message,  
a door opening out onto a vast space  
suffused with love and justice.*

*May the Infinite Love enfold him, and the Infinite Justice guide us.*

*Pir Zia Inayat Khan*

On June 17, 2004, dear Pir Vilayat  
(eldest son of Inayat Khan)  
left the earth plane.

On this special day, called Urs (wedding),  
many murids (pupils) come together to celebrate  
with song, dance, music, meditation and loving memories.

This little 'composition with images and music'  
was made for the Urs celebration  
of the Inayati Order in the Netherlands.

Urs Pir Vilayat 2019

<https://youtu.be/0oz6vY82cxs>

Wajid van Eenennaam

### **Dances of Universal Peace**

**1st Friday, June 5** via Zoom

**3rd Friday, June 19**

**7:00 - 9:00 p.m.**

A zoom link will be emailed before each event.

Jamila, 608-338-0709

### **Ziraat Lodge**

**Wednesday, June 10** via phone

**7:00 p.m.**

If anyone is interested in calling in please email me well before that time so we can set something up. I can accommodate a limited number of people using a regular phone line. Rachel

Rachel.roang@gmail.com.

### **Grassroots Gathering**

**Friday, June 12** via Zoom

**6:30 p.m. - 8:30 p.m**

**Activity - TBD**

A description of the activity and a zoom link will be emailed.

Rafiq, 608-338-0709

### **Universal Worship Service**

**Sunday, June 14** via Zoom

**10:00 a.m. - noon**

All are welcome to join in Universal Worship, celebrating the one Message interconnecting all religions and spiritual paths.

### **Rahmat's Class**

**To Be Determined**

Rahmat will send an email to the newsletter group if he holds class this month.

Rahmat, 608-338-0709  
[madisonsufis@gmail.com](mailto:madisonsufis@gmail.com)

### **Healing Service**

**Sunday, June 21** via phone

**11:00 a.m.**

Please contact me before that time if you want to be included in the call. I have limited access to phones and it will be conducted (of course) remotely. Any names you would like to add to the healing list please send to my email.

Thank you and may all beings be well at this time!

[Rachel.roang@gmail.com.](mailto:Rachel.roang@gmail.com)

### **Sufi Songs and Teachings**

**Wednesday, June 24**

**7:00 p.m. - 8:30 p.m.** via Zoom

Jamila Joy will lead **via Zoom** this class of songs, practices and readings from the Githa papers of Hazrat Inayat Khan. This class is for mureeds.

Please contact Jamila ahead of time if you wish to attend for the first time.

Call me with questions, thanks, Jamila  
608-513-3950

### **Karima's Sunday Heart Gathering**

**Sunday, June 28**

**11:00 a.m. - 1:00 pm** via Zoom

TOGETHER not Seperate. How do we all grow through this, slower rhythm taking care of our own energy. Please join in for being in the moment. Learn from one another.

Khayr=WELL being self others. (Say 33-101x)  
MAY our faith increase .  
All loving care heart to heart, Karima

Call a week in advance if you are new.  
Karima, 608-338-0709

Beloved Family,

Greetings of the Heart as humanity slowly tries to reimagine itself and find wise ways of carrying on! Prayers and blessings of support to the large sections of humanity who are suffering.

It has been a delight meeting with some 300 folks in our worldwide family every other Saturday. Even though we are not singing and dancing in our usual manner, in another way I feel this has all brought us closer.

On our last **Ruhaniat Family ZOOM Gathering** I spoke about "Coherence" "Resonance" "Cooperation" "Entrainment" is what is being called forth for the worldwide community of Lovers of Love.

One way to understand coherence as a scientific phenomenon, is that when systems - energy - molecular movement - are in harmony and rhythm, they have the ability of organizing their same elements that are out of harmony. Science has demonstrated that when you place "coherent water", where all the molecules are dancing in rhythm, next to "incoherent water", the coherent water transforms the incoherent water!

So when enough of humanity have our "hearts in rhythm" dancing to "loving-kindness and compassion" it will automatically support that change worldwide. The studies on large groups of meditators positively affecting behavior in a locality bear this out.

I believe this opportunity for us to affect change has been accentuated by our worldwide pandemic.

Naturally, I have NO travel in my schedule, so meeting on line becomes all the more precious.

I am very grateful we now have a **Ruhaniat Mureeds Pandemic Fund**, funded by mureeds for mureeds. We have raised over \$35,000. and distributed around \$12,000 To either support the fund or request funds simply go to the Ruhaniat website.

And please don't forget the **Ruhaniat General Fund** to sustain the organ that supports this all happening. Whenever you do donate, please be sure to write in the memo line what your intention is.

I have been sending out texts through the vehicle of regular letters to mureeds for close to 20 years. It's my feeling that less than 20% of you actually read the texts. I want to encourage you to make this part of your practice.

Much love,  
Shabda

<https://www.ruhaniat.org/index.php/shabda-blog/2849-may-2020-message>

"One person comes into a country with a little cold or influenza and it spreads. If such a bad thing can spread, could not then the elevated thought of love and kindness and goodwill towards all men also spread? Thus we should see to it that there are finer germs of goodwill going from one to the other, of love and kindness, of the feeling of brotherhood, of the desire for spiritual evolution; they will have greater results than the other ones. If we all took this optimistic view, if we all worked in our small way, we could accomplish a great deal."

*Hazrat Inayat Khan*

# Pir Vilayat Inayat Khan

## Practices with Light (1983)

This morning we're going to do practices with light. I'd like you to remember the sequence of the practices. I think these are amongst the most important ones that everybody could do every morning. As a matter of fact, when people are initiated in the Sufi Order, we say that you may find the purpose of your life—illumination. Now, illumination might mean two things; one is, of course, being full of light, being radiant, and the other is when a realization has been incubating for some time, and all of a sudden there's a breakthrough, one caused at the moment of illumination.

I'd like to preface what we say and what we should be doing this morning by saying that we must know that ... well, to put it in a simplistic way, the body radiates light, and can be measured. But what is much more interesting is that, if one ... it suffices that one should concentrate on light, for one to radiate more light. Mind over body. That, of course, is very encouraging for us, because we cannot be accused, as in the early days, of hallucinating, drawing people into imaginary light, when in fact, it's just purely, as they call it, imagination.

Of course, little do we realize that when we are perceiving objects, we think we are perceiving objects, but what we're doing is ... well, our retina is sensitive to the light that is transmitted or emitted or reflected or refracted by the object. So, in fact, and what is more, our retina is radiating light, so that, in fact, perception is communion between the light emitted by our being and the light emitted by the universe. And another remark that is maybe even more important, and that is, that the universe, the physical universe, started as radiation, and crystallized into what we call matter, which is ... of course, light is also part of matter. And at the end of the cycle of this particular cosmos, matter will, electrons will, again be transformed into photons. There's a continual shift from photons to electrons in the universe. And so with our body. After death, I said, electrons scatter in the universe, but what is more, there is a conversion of a large number of electrons into photons, and so, we continue to exist as a being of light. That's perfectly true – scientifically.

Now, of course, the word light is used in a very special sense by physicists, and the early church fathers used the word “uncreated” light to describe light that I think physicists would not recognize as being light – cannot be measured – and it's probably not what we understand by photons. And

there's a whole graduation until one gets to what the Sufis call "the light of pure intelligence." So when we're talking about light, in the realm of spirituality, we don't want to simply reduce the aura to a phenomenon of light, light, as we understand physical light.

And furthermore, I want to say that the human being exhibits at least three of the phenomena of light that you ... that one finds in a number of organisms. One is what one finds in plants. That's photosynthesis, the ability to draw light from the environment, and that light in the plants is used to power the whole machinery of metabolism. Then, few rishis, who I met very high up in the mountains, were able to do this ... live entirely on light, for there was no food there. Years, and years, and years living entirely on their ability to process the light of the sun and use that for ... as an energy, a source of solar energy. We don't have chlorophyll but we do have carotene in our hemoglobins of our blood and there's a way in which we ... In any case, we are certainly processing a certain amount of the light of the sun in the form of vitamin D, for example. Many other functions in the body are related to the radiation of light, of these frequencies, including cosmic rays, that we don't know very much about.

Secondly, we activate the ability of the firefly or deep sea fish to phosphoresce. That is, the ability to transform matter into radiation, and that's like burning the body very intensely, and some of the Tibetan yogis and, of course, Hindu yogis, learn how to work with what they call tummo, that is, enhance the temperature of the body, and then the temperature of the infrared is then transmuted into ultraviolet, all the frequency range of light. And that's one of the practices that we're going to do, and the other is florescence, which is what you find in a crystal. And some of you know perhaps, that the crystal does not simply reflect light, light of the sun or let the light pass through it, which means refract it, but ... the electrons actually transmit light and emit light. And what that means is that the electrons absorb lights of a certain frequency by ... they use that light as a sort of energy, to free themselves from their orbitals and start dancing. And then when they have spent all the energy that they were able to draw from the light and they fall back into their original orbitals again, and any extra energy is radiated as what they call florescence, is fluoresced. And so, in principle, you should be able to place a crystal in the light of the sun or expose it to a mercury vapor lamp, for example, and then snatch it into the dark, and it should be able ... it depends upon the latency period, but it should ... then it would radiate light for some time in the dark. You see? We have that ability too. . . .



June, 2020

## The Zephyr May 2020

27 May 2020

Dear Companions on the Path,

Greetings of peace. I hope that peace is a reality for you amidst the uncertainty of the times in which we live. May our faith buoy us, fill us with loving-kindness toward all beings, and awaken us to the all-encompassing life of the One.

It has been a joy to see so many of you online. The lockdown under which we have all been living has spurred us on to become connected in new ways. From across great stretches of the Earth we have gathered for retreat, for the study of the Gathas and Volume Four, for Healing and Ziraat services, for circles of Kinship, and for Sama'.

Now the decision has been reached to move the upcoming Suluk Academy Core Course to an online format, making it available for the first time to murids around the world who have until now not been able to take part. For those murids who have not yet entered Suluk, but who feel deeply drawn to immerse themselves in Murshid's foundational practices and teachings amongst a company of dedicated companions, I warmly encourage you.

The new connections that are being formed worldwide have given rise an initiative in which the Inayatiyya International Board (the hub of the various national boards), the Worldwide Message Council (the hub of the seven Activities), and the Astana (the base of my own work) will be increasingly collaborating to align and streamline the various parts of our movement to ensure ease, clarity, and flow in all that we do. Our movement is moving forward in form so that it can more fully open to the formless movement of spirit.

I would like to take this opportunity to express my deep gratitude to the long-serving members of the International Board who recently stepped down: Nigel Huzur Hamilton, Zamir Roehrs, and Wahhab Sheets. Each of them has been a colossal pillar of our worldwide work, and I hope you will join me in expressing sincere appreciation for all that they have done with so much dedication. At the same time, I hope you will join me in welcoming the wonderful new trustees: Tariq Al-Olaimy, Ikram Nicolas Enjalbert, Shakira Margaret Hannah, Gulrukh Deepa Patel, and Qahira Anne Louise Wirgman.

May the Message of God reach far and wide.

And may God enfold in love and light the soul of Nuryil Wolfgang Baumann, our beloved companion on the path, now ascending through the spheres.

Yours ever,  
Pir Zia

<https://us12.campaign-archive.com/?u=fd8625857899793849a6f66bc&id=ad8d8c8a62>

## Inayatiyya Forum on Race, Justice & Love May 31, 2020

The killings of George Floyd and Ahmaud Arbery have struck at a deep wound in the American psyche, and indeed in the heart of the world. Our plan until now was to continue, and conclude, our series on Healing and the Mind World on Sunday, May 31st. In light of what is arising, however, I would like to dedicate our Sunday gathering to another purpose. Can we come together for a community-wide town hall on Race, Justice, and Love? Times such as this call for reflection and listening. Will you join me? We can then resume and conclude the series on Healing and the Mind World the following Sunday.

Yours in solidarity,  
Pir Zia

Video will be available @: <https://vimeo.com/inayatiyya>



May, 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5 Dances of Universal Peace  via Zoom 7:00-9:00 pm	6
7	8	9	10 Ziraat  via phone 6:00 pm	11	12 Grassroots Activity - TBD  via Zoom 6:30 pm	13
14 Universal Worship Service  via Zoom 10:00 am - noon	15	16	17	18	19 Dances of Universal Peace  via Zoom 7:00-9:00 pm	20 <i>Summer Solstice</i>
21 Healing Service  via phone 11:00 am	22	23	24 Sufi Songs and Teachings  via Zoom 7:00 - 9:00 pm	25	26	27
28 Sunday Heart Gathering  via Zoom 11:00-1:00 pm	29	30	<div> <p><i>* URS of Pir Vilayat Inayat Khan</i></p> <p><i>June 19, 1916 - June 17, 2004</i></p> </div>			
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## Donations

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We ask that you consider making a donation to the Madison Sufis. \$30 per year is suggested as a donation to support the newsletter and the work of the Madison Sufis although any amount will be gratefully accepted.

**Pay online with credit card at:**

<https://www.madisonsufis.com/donate>

**Or checks** may be made out to: ***Madison Sufis***

and mailed to us at: **P.O. Box 46463**  
**Madison, WI 53744-6463**

Thank You,  
Basir, Treasurer, Madison Sufis

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## Milwaukee Area Activities

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### Universal Worship

UW at Tower

June 7

10:00 outside on picnic table near the water.

Bring a chair, wear the color of water.

Sara Farishta, 414-299-0219

### Dances of Universal Peace

Waukesha/Delavan Circle via Zoom

*Expanding our compassion out into the world*

**June 18**

**7:00 pm - 8:45 pm**

For info and Zoom link contact Patti Kies:

262-642-9289 or [pattiburncake@hotmail.com](mailto:pattiburncake@hotmail.com)

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